

24 Feb 2024

HCAC Business of the Day: Diabetes Project planning

Aim: To create a wider Community Awareness on risk factors relating to Diabetes.

Why: The Penrith LGA has been identified by NSW Health as one of concern.

Diabetes Risk Assessment Tool: was tested out to familiarize the HCAC of questions asked. It was concluded that anyone over the age of 70 were prime candidates for contracting Diabetes.

Raising health consumer awareness of diabetes particularly Type 2 through community engagement.

There was discussion around how to get the AusDRisk Tool out to health consumers.

Suggestions included:

- Approaching Penrith Panthers to see if players would come and help health consumers complete the AusDRisk Tool
- Visiting "Over 55" Villages

Piggyback on Penrith City Council events and Diabetes Australia Sponsorship opportunities (AstraZeneca, Penrith City Council, WOW and Coles, Penrith RSL)

It was agreed that the HCAC should be competent in knowledge about Diabetes before a decision is made about what we do with the AusDRisk Tool.

We will approach NMBLHD Dietician to come to a meeting to educate the HCAC.

There are lots of resources on Diabetes Aust website that we can use

We will approach some potential sponsors see if they can engage with the HCAC in the new financial year.