



Conservative Management of Common Pelvic Floor Disorders

Attend this 'Friday lunch' presentation with local Pelvic Floor Physiotherapist, Marieke McPhail. She will discuss the conservative management of pelvic floor disorders including prolapse, incontinence, chronic pelvic pain and childhood continence problems.

SESSION

12.30pm Register & light lunch
1pm - 2pm Presentation

PENRITH
Friday, 1 November 2019
Wentworth Healthcare
Suite 1, Level 1
Werrington Park Corporate
Centre, 14 Great Western Hwy
KINGSWOOD
RSVP: Tuesday, 29 October

Topics included:

- Care pathways for the pelvic floor patient
- Research update on management of stress urinary incontinence
- Exercise considerations with prolapse
- When to refer pelvic pain
- Management of childhood bedwetting, daytime accidents and persistent constipation

Speakers

Marieke McPhail, Physiotherapist, Penrith Pelvic Floor Physiotherapy
Marieke has completed her Undergraduate degree from Sydney University and has a Postgraduate Certificate in Pelvic Floor Rehabilitation from Melbourne University. She has been a physiotherapist for 15 years and has worked in public, private and not-for-profit sectors.

In addition to women's health, she has experience with paediatric physiotherapy, disability and childbirth education. She has also completed further study on the Male Pelvic Floor, particularly after prostate surgery and has insights into addressing Trauma and Sexual Problems in pelvic floor practice.



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Penrith
Pelvic Floor Physiotherapy

Registration For event enquiries, call 4708 8100

Please clearly complete the fields below to register by fax (02) 9673 6116 or register online at www.nbmpnhn.com.au/events

First Name: _____ Last Name: _____

RACGP no. _____

Organisation: _____ Job Title: _____ Mobile: _____

Special Dietary Requirements (please give details): _____

How did you hear about this event? Fax Email NBMPHN Website Word of mouth Other