OnePointHealth & SurgiFind proudly presents

# Musculoskeletal Medicine For The GP

40 Point\* RACGP Category 1 OI & CPD Course

# **MODULE 1: TENDON & FASCIA INJURIES**

Current concepts in conservative and invasive interventions in the management of tendon and fascia injuries. Learn how to better assess, diagnose and treat upper and lower limb tendinopathy.

Gain the upper hand on common tendon injuries such as the rotator cuff, tennis elbow, gluteal, Achilles and plantar fasciitis. Find out what questions to ask and how to assess in 30 seconds. Learn the latest tips and tricks in the management of tendon injuries, including why stretching may just make it worse and what exercise is best and when. Hear from a number of surgeons as to when a surgical opinion is needed.

## **PROGRAM**

6.15pm Registration

6.30pm Specialist panel topic presentation and discussion

# Active Learning Module (ALM) Group Break out

ALM 1: Taking a history, physical assessment and diagnosis 7.00pm

7.20pm ALM 2: Conservative treatment and pain/NSAID medication

7.40pm ALM 3: Surgical treatment

ALM 4: Practice referral process improvement 8.00pm

8.30pm Live Case Study

9.00pm Close

### WHERE

### REGISTER

### **GP EDUCATION SERIES**

16th May - Module 2

18th July - Module 3

19th Sept - Module 4

28th Oct

The aligned specialists available are:

Dr Manish Gupta, Ortho

Dr David Abraham, Sports Physician

Dr Pav Sunner, Ortho

Dr Bhisham Singh, Ortho Spine

Dr Rohit Kumar, Plastic

Dr Tillman Boesel, Pain Specialist

Dr Matthew Lee, Radiologist









\*On completion of 3 of the 4 modules offered



